

Overview

Recently the American Nurses Credentialing Center (ANCC) developed a Pain Management Certification Exam that would enable generalist nurses who assess and manage patients in pain to become certified in pain management. This new RN-C designation recognizes the importance of nurses with specialized knowledge in pain management and adds to the clinical expertise of the employing healthcare organization.

Purpose

Pain Management Certification Prep Course is a day-long seminar that prepares generalist nurses with pain management experience for taking the ANCC Pain Management Certification Exam. In addition, the program upgrades the pain assessment and treatment skills of any nurse, clinical manager or supervisor who works with patients in an acute, non-acute, hospice, home care, oncology, rehabilitation, or long-term care setting. Whether a participant decides to apply for certification after attending this seminar or not, he or she will have reviewed many of the necessary skills for achieving excellence in pain management.

Eligibility for Certification

Nurses in many specialties, especially hospice, practice pain management with every patient encounter on a regular basis. Many are eligible to become certified by the American Society of Pain Management Nursing (ANCC) with an RN-C (Registered Nurse, Certified) designation in pain management. Eligibility requirements include the following:

- Hold a diploma, associate, baccalaureate or higher degree in nursing
- Hold an active registered nurse license from the U.S. or one of its territories
- Have practiced the equivalent of two years full-time as a registered nurse in the U.S. or one of its territories
- Have practiced in nursing at least 2,000 hours in the past three years prior to applying to take the examination and in a nursing role that has involved aspects of pain management (e.g., pain assessment, pain management, research, etc.)
- Have completed 30 hours of continuing education in the three years prior to taking the examination, of which a minimum of 15 hours must relate to pain management

To register for the Pain Management Certification Exam and review the ANCC requirements, go to the center's Web site:

www.nursingworld.org/ancc/



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Pain Management Certification Prep Course



A One-Day Nursing Seminar for Achieving
Certification and Excellence in Pain
Assessment and Treatment



Cathy Schutt, APRN, BC, CHPN, RN-C

Topics Covered

Course developer and teacher *Cathy Schutt, APRN, BC, CHPN, RN-C*, addresses all six domains of practice covered in the exam: Pathophysiology of Pain, Pain Assessment, Interventions, Side Effects, Patient/Family Education and Counseling, and Collaborative/Institutional Issues.

- Pain overview: history, definitions, barriers, and standards of practice
- Pain assessment and evaluation practices
- Drug and non-drug interventions and management
- Patient/caregiver education
- Advocacy and communication within interdisciplinary teams
- System design issues
- Management of common pain syndromes for patients of all ages and cognitive abilities

Materials

Upon arriving at the course, participants will receive a presentation folder that includes a comprehensive packet of information and reference tools:

- Power Point printout of the full seminar presentation
- Clinician's Pain Vital Sign Tool Kit (a \$15 value) which includes four laminated tools:
 - Assessment and treatment protocols for cognitively-intact, cognitively-impaired and unresponsive patients
 - Drug and non-drug treatment charts including opioid and adjuvant drug dosing
 - Communication tools (clinician to clinician, clinician to prescriber)
 - Patient/Family Teaching Guide
- Principles of pain management evidenced throughout the ANCC test
- Glossary of pain terms
- Bibliography, including CEU pain study catalog
- List of resources and Web links
- Guidelines for test taking

Professional Benefits

- 6.0 Nursing CEU contact hours awarded upon completion. (This program meets the criteria for Continuing Education through the Massachusetts Board of Registration CMR 244 5.04)
- Preparation for ANCC Pain Management Certification Exam
- Additional certification for some specialist nurses
- Instruction in the use of practical tools for effectively assessing and treating pain in patients with a variety of pain syndromes
- Increased knowledge of pharmacologic and non-pharmacologic interventions and effects
- Enhanced interdisciplinary communication, evaluation and reporting skills

Organizational Benefits

- System-integrated nursing staff with certified competence in pain management
- Enhanced ability to supervise, precept and direct pain management clinical services for other clinicians
- Improved patient outcomes in pain
- Increased patient, family and referral source satisfaction and compliance
- Better integration of JCAHO and other regulatory standards for pain and symptom management throughout the organization

Presenter

Cathy Schutt is founder and president of Pain Resources Network of Melrose, Mass. She is an advanced nurse practitioner with clinical specialties in both pain and palliative care, and she has been a certified hospice trainer since 1997. She is also certified with the American Nurses Credentialing Center (ANCC) as an RN-C in pain management.

With more than 20 years of experience in training and managing clinical and occupational health staff in the development and delivery of integrated healthcare systems, Schutt is both a skilled teacher and practitioner. She is a recognized expert in the field of pain management and palliative care, having consulted, developed programs with, or written materials for major professional associations and institutions. She also lectures on pain and symptom management nationally.

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Cost

The cost of the seminar is \$195 per person, or \$150 per member of professional nursing association.

Special Bonus Option

For an additional \$50, participants in this one-day seminar may purchase the Pain Resources Network manual, ***Integrating JCAHO Pain Standards: Strategies and Tools for Non-Acute Settings*** (a \$250 value). This concise, easy-to-read manual for administrators and clinical specialists provides structural recommendations each healthcare organization should have in place to better support nurses in the assessment and treatment of pain disorders.

Enrollment

To enroll in ***Pain Management Certification Prep Course***, please contact us for dates and locations at:

Pain Resources Network

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